



EXAMPLES OF PERMITTED MEDICATIONS

- **ADD/ADHD:** Strattera (atomoxetine)
- **Antacids/Heartburn:** Aciphex (rabeprazole), Carafate (sucralfate), Mylanta (aluminum hydroxide/magnesium/simethicone), Nexium (esomeprazole), Pepcid (famotidine), Prevacid (lansoprazole), Prilosec (omeprazole), Protonix (pantoprazole), Roloids (calcium carbonate/magnesium oxide), Tums (calcium carbonate), Zantac (ranitidine)
- **Anti-Anxiety:** Atarax (hydroxyzine), Ativan (lorazepam), Buspar (buspirone), Klonopin (clonazepam), Librium (chlordiazepoxide), Valium (diazepam), Vistaril (hydroxyzine), Xanax (alprazolam)
- **Antibiotics:** All products permitted
- **Anti-Depressants:** Anafranil (clomipramine), Celexa (citalopram), Cymbalata (duloxetine), Effexor (venlafaxine), Elavil (amitriptyline), Lexapro (escitalopram), Paxil (paroxetine), Pristiq (desvenlafaxine), Prozac (fluoxetine), Savella (milnacipran), Tofranil (imipramine), Wellbutrin (bupropion), Zoloft (sertraline)
- **Anti-Diabetics:** Actos (pioglitazone), Amaryl (glimepiride), Glucophage (metformin), Glucotrol (glipizide), Glynase (glyburide), Invokana (canaglifozin), Januvia (sitagliptin)
- **Anti-Diarrheals:** Imodium (loperamide), Kaopectate (bismuth subsalicylate), Lomotil (diphenoxylate/atropine), Peptol Bismol (bismuth subsalicylate)
- **Antifungals/Vaginal Medications:** Diflucan (fluconazole), Gyne-Lotrimin (clotrimazole), Lamisil (terbinafine), Lamisil AF (tolnaftate), Metrogel (metronidazole), Monistat (miconazole), Nystop (nystatin), Terazol (terconazole), Vagistat (miconazole)
- **Anti-Nausea:** Antivert (meclizine), Compazine (prochlorperazine), Dramamine (dimenhydrinate), Emetrol, Phenergan (promethazine), Reglan (metoclopramide), Vistaril (hydroxyzine)
- **Asthma/COPD:** Atrovent (ipratropium), Cromolyn, Pulmicort (budesonide), Singulair (montelukast), and Spiriva (tiotropium)
- **Cold/Allergy:** Actifed cold and allergy (chlorpheniramine/phenylephrine), Allegra (fexofenadine), Allegra-D (fexofenadine/pseudoephedrine)*, Benadryl (diphenhydramine), Chlorphen (chlorpheniramine), Clarinex (desloratadine), Claritin (loratadine), Claritin-D (loratadine/pseudoephedrine)*, Coricidin Cough and Cold (chlorpheniramine/dextromethorphan), Coricidin Maximum Strength Flu (acetaminophen, chlorpheniramine/dextromethorphan), Dayquil (acetaminophen/dextromethorphan/phenylephrine), Dayhist (clemastine), Delsym (dextromethorphan), Flonase (fluticasone), Mucinex (guaifenesin), Mucinex DM (guaifenesin/dextromethorphan), Nyquil Cold and Flu

(acetaminophen/dextromethorphan/doxylamine), Singulair (montelukast), Sudafed (pseudoephedrine)*, Zyrtec (cetirizine)

- *CAUTION: Pseudoephedrine is permitted when its concentration in urine is less than 150 micrograms per milliliter. If the athlete takes more than the recommended dosage on the pseudoephedrine product label, the athlete is at risk for an AAF (positive) pseudoephedrine result
- CAUTION: Vicks Vapor Inhaler is **PROHIBITED**
- CAUTION: Combination cold medications may contain prohibited substances
- Contraceptives: All Products Permitted
- Ear Medications: Cipro HC (ciprofloxacin/hydrocortisone), Ciprodex (ciprofloxacin/dexamethasone), Cortisporin (neomycin/polymixin B/hydrocortisone), Debrox (carbamide peroxide)
- Eye Medications: Artificial Tears (polyvinyl alcohol), Blephamide (sulfacetamide/prednisolone), Cortisporin (neomycin/polymixin B, hydrocortisone), Lacrisert (hydroxypropyl cellulose), Naphcon-A (naphazoline/pheniramine), Refresh (carboxymethylcellulose), Systane (polyvinyl alcohol), Visine-A (naphazoline/pheniramine)
- Laxatives/Stool Softeners: Colace (docusate), Dulcolax (bisacodyl), Ex-Lax (sennosides), Fibercon (polycarbophil), Fleet Enema, Glycolax (polyethylene glycol), Metamucil, Miralax (polyethylene glycol), Senna (sennosides), Senna Plus (sennosides/docusate)
- Local Anesthetics: Benzocaine, Chloroprocaine, Marcaine (bupivacaine), Mepivacaine, Pramoxine, Prilocaine, Ropivacaine, Tetracaine, Xylocaine (lidocaine)
- Muscle Relaxants: Flexeril (cyclobenzaprine), Lioresal (baclofen), Robaxin (methocarbamol), Skelaxin (metaxalone), Soma (carisoprodol), Zanaflex (tizanidine)
- Pain Medications: Advil (ibuprofen), Aleve (naproxen), Aspirin, Celebrex (celecoxib), Codeine, Hydrocodone, Ketoprofen, Lortab (hydrocodone/acetaminophen), Lyrica (pregabalin), Mobic (meloxicam), Neurontin (gabapentin), Norco (hydrocodone/acetaminophen), Piroxicam, Tylenol (acetaminophen), Ultram (tramadol), Vicodin (hydrocodone/acetaminophen)
- Topical Medications: Anucort HC (hydrocortisone), Aspercreme (trolamine salicylate), Ben-Gay (methyl salicylate/menthol), Biofreeze, Caladryl (promaxine), Chiggerex (benzocaine), Cortizone-10 (hydrocortisone), Icy Hot (methyl salicylate/menthol), Lidoderm (lidocaine), Proctofoam (pramoxine), Sportscreme (salicylate salts), Trixaicin (capsaicin)
- Sedatives/Sleep Aids: Ambien (zolpidem), Dalmane (flurazepam), Diphenhydramine, Halcion (triazolam), Lunesta (Eszopiclone), Restoril (temazepam), Rozerem (ramelteon), Sonata (zaleplon), Unisom (diphenhydramine)
- Thyroid Replacement Medications: Armour Thyroid (thyroid), Cytomel (liothyronine), Levoxyl (levothyroxine), Synthroid (levothyroxine), Thyrolar (liotrix)

DIETARY SUPPLEMENT WARNING

Some dietary or nutritional supplements that are sold over the counter or through the Internet contain LPGA Prohibited Substances. This may not be indicated on the list of product ingredients. These products are not licensed and are not subject to the same manufacturing and labeling guidelines as licensed medications. Athletes are responsible for what they put in their bodies and assume all risk associated with dietary supplements.

DRUG FREE SPORT; ADDITIONAL QUESTIONS

This “Examples of Permitted Medications” document was prepared by Drug Free Sport, LLC. If you have questions about prescription or over-the-counter drugs not listed above, please contact the Drug Free Sport AXIS™ team:

- Drug Free Sport AXIS™: www.axis.drugfreesport.com. Use the Access Code: 13Founders; if you have any questions, please contact the LPGA Administrator.
 - Prescription & Over-the-Counter Medication Database: You can enter the name of an over-the-counter or prescription medication into the drug database found in the AXIS portal in order to find out if your medication contains any LPGA prohibited substances. This service is available 24 hours a day, 7 days a week. Please note that the Medication Database will only provide an answer for over-the-counter drugs and prescription medications/drugs, and that this database will **NOT** indicate whether a supplement (which includes vitamins) contains any LPGA prohibited substances. Please use the Dietary Supplement Inquiry function on AXIS to submit supplements for review.
 - Additional Questions - AXIS Hotline: (877) 285-1430